





CLASS SCHEDULES

SUNDAY - THURSDAY




AM	
6 am	 Get your Kettle on!
7 am	 Caffeine and Kilo's
8:30 am	 The Drop Off
9:30 am	 Saved by the (kettle) Bell

PM	
3 pm	 Shams Showdown
4 pm	 Kettle Ballers
5 pm	 Myths and Legends
6 pm	 Sundowners
7 pm	 The Dark Knights

FRIDAY

TIME	CLASSES
8 am	 Breakfast at Timothy's
9 am	 Earn Your Brunch - EYB

SATURDAY

TIME	CLASSES
8 am	 Breakfast at Timothy's
9 am	 Pay For Your Brunch
5 pm	 Myths and Legends